Some pets have a difficult time coping with certain situations. Some may even live in a constant state of uneasiness. Dogs and cats communicate their unease through external changes in behavior that can harm your relationship and their health. As the person closest to your pet, your observations are essential to diagnosing a potential problem. Answering a few questions can help guide our conversation and recommendations.

1. Have you noticed any changes in your pet’s personality since his or her last visit?
   - [ ] YES
   - [ ] NO
   - Hiding or cowering
   - Clinging to family members
   - Refusal to eat
   - Sleeping more during the day
   - Appears withdrawn
   - Other, please specify _______________________________________________________________

2. Has your pet’s elimination habits changed (urination, defecation) since his or her last visit?
   - [ ] YES
   - [ ] NO
   - Frequency
   - House soiling
   - Urine marking
   - Eliminating outside the litter box
   - Diarrhea

3. Does your pet show signs of nervousness or uneasiness during certain situations?
   - [ ] YES
   - [ ] NO
   - Pacing
   - Drooling
   - Panting
   - Trembling/Shaking/Shivering
   - Yawning
   - Vomiting
   - If yes, what situations trigger the behavior?
     - Storms
     - Fireworks
     - Loud noises
     - Spending more time alone
     - Riding in the car
     - Kenneling
     - New people
     - Parties/Holidays
     - Other, please specify _______________________________________________________________

4. Has your pet shown signs of aggression (growling, snapping, biting) since his or her last visit?
   - [ ] YES
   - [ ] NO
   - Other pets
   - Children
   - Family members
   - Friends
   - New people

5. Does your pet have any behavior problems that you are concerned about?
   - [ ] YES
   - [ ] NO
   - Excessive licking or grooming
   - Attempting to escape
   - Potentially harmful motor activity
   - Vertical scratching (cat)
   - Excessive scratching
   - Vocalization (barking, meowing)
   - Other, please specify _______________________________________________________________

6. Is your pet coping with any lifestyle changes since our last visit?
   - [ ] YES
   - [ ] NO
   - Move
   - New pet in household
   - Death in the family
   - New baby or people in the home
   - Relationship changes
   - Change in family routine (pet spends more time alone)
   - New to our home
   - Other, please specify: _______________________________________________________________

7. How long has your pet been exhibiting the behaviors you’ve described? ______________________

8. How often does the behavior occur?
   - [ ] Daily
   - [ ] Weekly
   - [ ] Monthly
   - [ ] Yearly
   - [ ] Only During Certain Situations

This Behavior Assessment is brought to you by Zylkene, a natural behavior solution that helps your pet stay calm in challenging situations so you can both relax and enjoy a healthy relationship.

Relax, you’ve got Zylkene®
Based on this assessment and examination, I am recommending the following:

Medication: ______________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
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________________________________________________________________________

Behavior Modification Program: _____________________________________________
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Suggested Environmental Changes: ___________________________________________
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Re-check Appointment within ___ days.   Date:_______________ Time:_____________

Referral:  ________________________________________________________________

Relax, you’ve got Zylkene®

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